

## Sober Living For The Revolution Hardcore Punk Straight Edge And Radical Politics Gabriel Kuhn

Banksy, the Yes Men, Gandhi, Starhawk: the accumulated wisdom of decades of creative protest is now in the hands of the next generation of change-makers, thanks to Beautiful Trouble. Sophisticated enough for veteran activists, accessible enough for newbies, this compact pocket edition of the bestselling Beautiful Trouble is a book that's both handy and inexpensive. Showcasing the synergies between artistic imagination and shrewd political strategy, this generously illustrated volume can easily be slipped into your pocket as you head out to the streets. This is for everyone who longs for a more beautiful, more just, more livable world – and wants to know how to get there. Includes a new introduction by the editors. Contributors include: Celia Alario • Andy Bichlbaum • Nadine Bloch • L. M. Bogad • Mike Bonnano • Andrew Boyd • Kevin Buckland • Doyle Canning • Samantha Corbin • Stephen Duncombe • Simon Enoch • Janice Fine • Lisa Fithian • Arun Gupta • Sarah Jaffe • John Jordan • Stephen Lerner • Zack Malitz • Nancy L. Mancias • Dave Oswald Mitchell • Tracey Mitchell • Mark Read • Patrick Reinsborough • Joshua Kahn Russell • Nathan Schneider • John Sellers • Matthew Skomarovsky • Jonathan Matthew Smucker • Starhawk • Eric Stoner • Harsha Walia

With All Ages, Beth Lahickey presents a comprehensive overview of an underground hardcore music scene. The book includes 29 interviews with people involved in the straight edge scene, some of whom are now in prominent bands. '

The road to sobriety is hard, and I don't intend to sugar coat any part of it for you. In this book I will take it back to the beginning. My life was that of a hardcore weekend binge drinker, one blackout night after another. I welcome you into my rock bottom moments, my losing all control, and my putting my life back together, piece by piece. Sober as F\*\*\* is a personal memoir of my first two years of sobriety, but it is not only about becoming sober from alcohol. I was forced to face and accept many sobering realities about myself along the way when I put down the bottle. Everything in my life had to be broken down to nothing in order to rebuild it from the ground up. I would have to acknowledge my unhealthy relationships with men, come to terms with depression and anxiety, and to realize that I had been drowning all of my issues and emotions away, one swig of vodka at a time. In the beginning of my sobriety, I looked for support in many places. All of the books and stories I found never fit what mine looked like. So this one is for all the people out there with stories like mine, looking for reassurance that there can be a light at the end of the tunnel. I was so desperate to find that kind of reassurance during my journey, so I hope my story can be that for you. To the millennial weekend binger, to the young woman so desperate to feel love, to the one losing all hope that things can get better ... This one is for you.

SHORTLISTED FOR THE 2013 WALKLEY NON-FICTION BOOK AWARD

SHORTLISTED FOR THE 2014 DOBBIE LITERARY AWARD 'I'm the binge-drinking health reporter. During the week, I write about Australia's booze-soaked culture. At the weekends, I write myself off.' Booze had dominated Jill Stark's social life ever since she had her first sip of beer, at 13. She thought nothing could curb her love of big nights. And then came the hangover that changed everything. In the shadow of her 35th year, Jill made a decision: she would give up alcohol. But what would it mean to

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stop drinking in a world awash with booze? This lively memoir charts Jill's tumultuous year on the wagon, as she copes with the stress of the newsroom sober, tackles the dating scene on soda water, learns to watch the footy minus beer, and deals with censure from friends and colleagues, who tell her that a year without booze is 'a year with no mates'. In re-examining her habits, Jill also explores Australia's love affair with alcohol, meeting alcopop-swigging teens who drink to fit in, beer-swilling blokes in a sporting culture backed by booze, and marketing bigwigs blamed for turning binge drinking into a way of life. And she tracks the history of this national obsession: from the idea that Australia's new colonies were drowning in drink to the Anzac ethos that a beer builds mateship, and from the six o'clock swill that encouraged bingeing to the tangled weave of advertising, social pressure, and tradition that confronts drinkers today. Will Jill make it through the year without booze? And if she does, will she go back to her old habits, or has she called last drinks? This is a funny, moving, and insightful exploration of why we drink, how we got here, and what happens when we turn off the tap. PRAISE FOR JILL STARK 'What gives this book resonance is Stark's ability to balance a serious agenda, backed by her interviews, statistics and the inside information to which a health reporter has access, with a personal narrative that is equally earnest in its intent but lighter in its execution ... High Sobriety is an entertaining and informative read about one woman's year of online dating, family reunions and beer gardens without a drink, and her account of the nation's attitude towards the thing she denies herself.' The Age 'It's hard not to recommend this book: from teenagers experimenting with their first taste to those who've been imbibing for decades, many will find Stark's story illuminating, touching, and memorable.' The Australian

Going sober will make you happier, healthier, wealthier, slimmer and sexier. Despite all of these upsides, it's easier said than done. This inspirational, aspirational and highly relatable narrative champions the benefits of sobriety; combining the author's personal experience, factual reportage, contributions from experts and self-help advice. Would life be better without alcohol? It's the nagging question more and more of us are finding harder to ignore, whether we have a "problem" with alcohol or not. After all, we yoga. We green juice. We meditate. We self-care. And yet, come the end of a long work day, the start of a weekend, an awkward social situation, we drink. One glass of wine turns into two turns into a bottle. In the face of how we care for ourselves otherwise, it's hard to avoid how alcohol really makes us feel... terrible. How different would our lives be if we stopped drinking on autopilot? If we stopped drinking altogether? Really different, it turns out. Really better. Frank, funny, and always judgment free, Sober Curious is a bold guide to choosing to live hangover-free, from Ruby Warrington, one of the leading voices of the new sobriety movement. Drawing on research, expert interviews, and personal narrative, Sober Curious is a radical take down of the myths that keep so many of us drinking. Inspiring, timely, and blame free, Sober Curious is both conversation starter and handbook—essential reading that empowers readers to transform their relationship with alcohol, so we can lead our most fulfilling lives. An ideological battle rages over the political legacy and cultural symbolism of the golden age pirates who roamed the seas between the Caribbean islands and the Indian Ocean from 1690 to 1725. On the one hand pirates are romanticised as swash-buckling villains, whilst on the other they are realised as genuine social rebels. LIFE UNDER THE JOLLY ROGER examines the political and cultural significance of these

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nomadic outlaws by relating historical accounts to a wide range of theoretical concepts - ranging from Marshall Sahlins and Pierre Clastres to Nietzsche.

Straight edge--hardcore punk's drug-free offshoot--has thrived as a subculture since the early 1980s. Its influence has reached far beyond musical genres and subcultural divides. Today it is more diverse and richly complex than ever, and in the past decade alcohol and drug use have become a much-discussed issue in radical politics, not least due to the hard work, dedication, and commitment to social and environmental justice found among straight-edge activists. *X: Straight Edge and Radical Sobriety* is Gabriel Kuhn's highly anticipated follow-up to his critically acclaimed *Sober Living for the Revolution*. Extensively illustrated and combining original interviews and essays with manifestos and reprints from zines and pamphlets, *X* is a vital portrait of the wide spectrum of people who define straight edge culture today. In the sprawling scope of this book, the notion of straight edge as a bastion of white, middle-class, cis males is confronted and challenged. *X* takes a piercing look at religion, identity, feminism, aesthetics, harm reduction, and much more. It is both a call to action and an elaborate redefinition of straight edge and radical sobriety.

'A brilliantly clever, meticulously researched, fearless, snort-out-loud funny read that grabs you and won't let go' Catherine Gray We live in a world obsessed with drinking. We drink at work events, lunches, book clubs and weddings. Yet no one ever questions alcohol's ubiquity. In fact, the only thing ever questioned is why people don't drink. It is a qualifier for belonging. As a society, we are obsessed with health and wellness, yet we uphold alcohol as some sort of magic elixir. It is anything but. When Holly Whitaker started to look for a way to recover, the support systems she found for recovery were archaic and patriarchal. Urging drinkers towards a newfound humility is great if you're a man, but if you're a woman and not in a position to renounce privileges you never had, a whole other approach is needed. She embarked on a journey that led not only to her own sobriety, but revealed the insidious role alcohol plays in our society and in the lives of women in particular. What's more, she could not ignore the ways that alcohol companies were targeting women, just as the tobacco industry had successfully done generations before. Honest, witty and trenchant, *Quit Like a Woman* is at once a ground-breaking look at drinking culture, a call to arms, and a celebration of learning how to claim everything life has to offer.

Presenting English translations of manifestos, speeches, articles, and letters from the German Revolution, this is an informative look at early 20th-century Germany. After defeat in World War I and the end of the Kaiserreich, radicals across Germany rallied to a socialist slogan, "All Power to the Councils!" Many documents, such as the anarchist Erich Mühsam's comprehensive account of the Bavarian Council Republic, are made available in English for the first time. Also included are appendices portraying the Red Ruhr Army that repelled reactionary Kapp Putsch in 1920, and the communist bandits that roamed Eastern Germany until 1921. This documentary history provides a dynamic and vivid picture of both an encouraging and tragic time with long-lasting effects for world history.

"A crucial resource for sober and non-sober folks alike, *Towards a Less Fucked*

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Up World: Sobriety and Anarchist Struggle explores the connections between intoxication and different types of oppression. In a clear and engaging writing style, author and activist Nick Riotfag presents a brilliant analysis on sobriety, radical communities, safe spaces and accountability. Since it was released more than ten years ago, this essay has moved and inspired hundreds, maybe thousands of people. It was first self-published in 2003 and has been but a ghost in recent years. It was updated with an afterword and included in the book Sober Living for the Revolution: Hardcore Punk, Straight Edge and Radical Politics (PM Press, 2010). This is the fourth printing by Radix Media."--Page 4 of cover.

The first comprehensive study of the German autonomous movement ever published. Released in 1990, it reached its fifth edition by 1997, with the legendary German journal Konkret concluding that 'the movement had produced its own classic.' The author, writing under the pseudonym of Geronimo, has been an autonomous activist since the movement burst onto the scene in 1980-81. He here traces its origins in the Italian Autonomia project and the German social movements of the 1970s, before describing the battles for squats, 'free spaces' and alternative forms of living.

The Sober Survival Guide - How to Free Yourself from Alcohol Forever - By Simon Chapple. Foreword by Annie Grace - Author of This Naked Mind - Control Alcohol Are you tired of thinking about drinking? Hands up if you believe any of the following about drinking alcohol to be true: I can't have fun without alcohol. Imagine going to a party without drinking! it makes me feel less anxious or depressed; it helps me sleep; I can't relax without it; it makes me entertaining to be around; it fits the lifestyle of my boozy friends; I like the taste of alcohol; it's cool and sophisticated; I'm not confident enough to talk to new people without it; it helps me deal with all the problems life throws my way; it stops me worrying about how much I'm drinking (ironic, I know). If you find yourself nodding at even one of these statements, then I know how you feel. I was a heavy daily drinker for over twenty years, I too used to believe that I couldn't live without alcohol, and that once I'd had a few drinks I was funny to be around (hilarious in fact). Are you too are tired and fed up with the routine of drinking, and want to make a change and improve your life? Or you may simply be curious about how an alcohol-free life might look for you. Could it be better? Happier? Calmer? More peaceful? Perhaps you're already on the path to changing your relationship with booze and might have read other 'sober books' or taken part in programmes to help you quit. I want you to know you can do the same as me and find complete freedom from alcohol, and that you don't have to wait for years like I did. Also, I want to reassure you that alcohol addiction is never a person's fault, and that there's no need to blame yourself for finding it hard to give up. It honestly isn't as difficult as you might think, and this book will provide the support, tactics and advice you need as you progress on your sober journey. The Sober Survival Guide is unique in that it is split into two parts. The first is designed to set you up for success and put you in a place where you can find freedom from alcohol if

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that's what you want. The first part of the book contains essential information for when you're in the early stages of controlling your drinking. The second part serves as a handbook as you move forward into an alcohol-free life and is where this book comes into its own. As you read it you'll see I've used my own experiences and those of the people I've worked with to help ensure you're ready for the challenges, fears, and questions that will come up in the years after quitting drinking. You'll learn how to handle the work Christmas party without a glass of bubbly in hand, the joys of sober holidays, what to do when you stop drinking but your partner won't, and a whole lot more. With this part you can dip in and out, picking the chapters that address the problems you're facing that day or week. This unique quit alcohol book also shares my own stories and personal accounts that helped me learn (sometimes the hard way), so as well as providing vital tools and tactics it will also leave you with a smile on your face and provide you with a fun and enjoyable read. Part memoir, part sober guide and 100% alcohol free - *The Sober Survival Guide* is perfect for anyone looking to free themselves from the grip of alcohol. Simon Chapple is the founder of Be Sober one of the largest online 'quit drinking' communities, he is also a speaker and works as a Certified Alcohol Coach working with This Naked Mind helping people change their relationship with alcohol. He has helped thousands of people quit drinking and has made it his life mission to spread the word about the benefits an alcohol-free life brings. Join Simon and the alcohol freedom revolution on Instagram @besoberandquit or visit [www.besober.co.uk](http://www.besober.co.uk) to discover more.

It was here that Lenin justified his personal interpretation of Marxism, savaged his opponents and set out his trenchant views on class conflict, the lessons of earlier revolutions, the dismantling of the bourgeois state and the replacement of capitalism by the, dictatorship of the proletariat.

"We Are the Luckiest is a masterpiece. It's the truest, most generous, honest, and helpful sobriety memoir I've read. It's going to save lives." — Glennon Doyle, #1 New York Times bestselling author of *Love Warrior: A Memoir* What could possibly be "lucky" about addiction? Absolutely nothing, thought Laura McKowen when drinking brought her to her knees. As she puts it, she "kicked and screamed . . . wishing for something — anything — else" to be her issue. The people who got to drink normally, she thought, were so damn lucky. But in the midst of early sobriety, when no longer able to anesthetize her pain and anxiety, she realized that she was actually the lucky one. Lucky to feel her feelings, live honestly, really be with her daughter, change her legacy. She recognized that "those of us who answer the invitation to wake up, whatever our invitation, are really the luckiest of all." Here, in straight-talking chapters filled with personal stories, McKowen addresses issues such as facing facts, the question of AA, and other people's drinking. Without sugarcoating the struggles of sobriety, she relentlessly emphasizes the many blessings of an honest life, one without secrets and debilitating shame.

'This book will shake your brain and make your soul scream. I am so ready for

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myself after reading this book!' Adele 'Untamed will liberate women - emotionally, spiritually, and physically. It is phenomenal.' Elizabeth Gilbert, author of City of Girls and Eat Pray Love Who were you before the world told you who to be? Part inspiration, part memoir, Untamed explores the joy and peace we discover when we stop striving to meet the expectations of the world, and instead dare to listen to and trust in the voice deep inside us. From the beloved New York Times bestselling author, speaker and activist Glennon Doyle. \*\*\*\*\* For many years, Glennon Doyle denied her discontent. Then, while speaking at a conference, she looked at a woman across the room and fell instantly in love. Three words flooded her mind: There. She. Is. At first, Glennon assumed these words came to her from on high but soon she realised they had come to her from within. This was the voice she had buried beneath decades of numbing addictions and social conditioning. Glennon decided to let go of the world's expectations of her and reclaim her true untamed self. Soulful and uproarious, forceful and tender, Untamed is both an intimate memoir and a galvanising wake-up call. It is the story of how one woman learned that a responsible mother is not one who slowly dies for her children, but one who shows them how to fully live. It is also the story of how each of us can begin to trust ourselves enough to set boundaries, make peace with our bodies, honour our anger and heartbreak, and unleash our truest, wildest instincts. Untamed shows us how to be brave. And, as Glennon insists, 'The braver we are, the luckier we get.'

"In a vigorous book, the author stresses what he sees as the revolution's most important feature: ordinary people spontaneously taking power for themselves."--New Society

The first general consumer book ever on the powerful, award-winning, scientifically proven new system of intervention that is turning the recovery field on its head. Historically there have been few options available for individuals seeking help for treatment-resistant loved ones suffering from substance abuse. Co-author Dr. Robert Meyers spent ten years developing a treatment program that helps Concerned Significant Others (CSOs) both improve the quality of their lives and to learn how to make treatment an attractive option for their partners who are substance abusers. Get Your Loved One Sober describes this multi-faceted program that uses supportive, non-confrontational methods to engage substance abusers into treatment. Called Community Reinforcement and Family Training (CRAFT), the program uses scientifically validated behavioral principles to reduce the loved one's substance use and to encourage him or her to seek treatment. Equally important, CRAFT also helps loved ones reduce personal stress and introduce meaningful, new sources of satisfaction into their life. Key Features: CRAFT is more effective than other types of interventions. This breakthrough new system is sweeping the recovery field. This is its first introduction to the general public. Contains simple exercises readers can practice at their own pace, with no costly or heart-breaking interventions. Proven successful for numerous addictions, not just alcoholism.

Brings Integral Theory to addiction treatment, offering a more holistic vision of recovery and powerful practices for achieving it.

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Control Alcohol, Find Freedom, Discover Happiness & Change Your Life

Straight Edge has persisted as a drug-free, hardcore punk subculture for 25 years. Its political legacy remains ambiguous and is often misrepresented as a Puritan conservatism. However, as this study shows, its history is more complex. Since its origins in 1980s, the scene has been linked to radical thought and music. Tracing this history, the book includes contributions from famed Straight-Edge rockers like Ian MacKaye (Fugazi), Mark Anderson (Dance of Days) and Andy Hurley (Fall Out Boy) and numerous other activists dedicated to a sober, liberated world.

In April 2011, Lucy Rocca woke up in a hospital bed with no memory of how she had ended up there. After accepting that her drinking had spiralled out of control, she made the decision there and then to never touch alcohol again. However, the early days were a challenge, and Lucy began recording her journey in a blog as a way of helping herself move forward to a happy and sober future. For someone who defined herself by her love of drinking for over twenty years, letting go of the booze crutch was initially a challenge, but over time, Lucy began to realise how much happier she was living alcohol-free. *Glass Half Full* is the story of her journey from hopelessly devoted wine fiend to sober and truly happy for the first time in her adult life. As the founder of Soberistas.com, Lucy's blog also provides motivational and inspirational support for those seeking an alcohol-free life.

There is no moderate drinker who is not going on to the next stage of his journey, or who not turning back....He is coming back toward the norm of sobriety, or he is going on toward drunkenness.-from "The Moderate Drinker"Be not misled! Drink and Be Sober isn't a command, or a guidebook to moderation, but a fascinating document of the post-World War I temperance movement and an impassioned call for the abolishment of alcohol. Published in 1916, its outbursts encompass: What Alcohol Does to the Man Why Some Drinkers Are Drunkards Crime, Drink-Storms, and Degeneration Drink and National CrisesWith today's hindsight into the disaster of Prohibition, this is a startling and inadvertently entertaining screed against the nightmare of drink.VANCE THOMPSON is also the author of *Eat and Grow Thin* and *The Ego Book*.

Yassin al-Haj Saleh is a leftist dissident who spent sixteen years as a political prisoner and now lives in exile. He describes with precision and fervour the events that led to Syria's 2011 uprising, the metamorphosis of the popular revolution into a regional war, and the 'three monsters' Saleh sees 'treading on Syria's corpse': the Assad regime and its allies, ISIS and other jihadists, and Russia and the US. Where conventional wisdom has it that Assad's army is now battling religious fanatics for control of the country, Saleh argues that the emancipatory, democratic mass movement that ignited the revolution still exists, though it is beset on all sides. *The Impossible Revolution* is a powerful, compelling critique of Syria's catastrophic war, which has profoundly reshaped the lives of millions of Syrians.

NEW YORK TIMES BESTSELLER "I come from a family forged by tragedies and bound by a remarkable, unbreakable love," Hunter Biden writes in this deeply moving memoir of addiction, loss, and survival. When he was two years old, Hunter Biden was badly injured in a car accident that killed his mother and baby sister. In 2015, he suffered the devastating loss of his beloved big brother, Beau, who died of brain cancer at the age of forty-six. These hardships were compounded by the collapse of his

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marriage and a years-long battle with drug and alcohol addiction. In *Beautiful Things*, Hunter recounts his descent into substance abuse and his tortuous path to sobriety. The story ends with where Hunter is today—a sober married man with a new baby, finally able to appreciate the beautiful things in life.

BY THE AUTHOR OF NEW YORK TIMES BESTSELLER *THE AUTHENTICITY PROJECT*, *THE BRAVE AND FUNNY MEMOIR THAT IS CHANGING LIVES*. How one mother gave up drinking and started living. This is *Bridget Jones Dries Out*. Clare Pooley is a Cambridge graduate and was a Managing Partner at one of the world's biggest advertising agencies, and yet by eighteen months ago she'd become an overweight, depressed, middle-aged mother of three who was drinking more than a bottle of wine a day, and spending her evenings Googling 'Am I an alcoholic?' In a desperate bid to turn her life around, she quit drinking and started a blog. She called it *Mummy Was a Secret Drinker*. This book is the story of a year in Clare's life. A year that started with her quitting booze having been drinking more than a bottle of wine every day. It sees her starting a hugely successful blog, then getting and beating breast cancer. By the end of the year she is booze free and cancer free, two stone lighter and with a life that is so much richer, healthier and more rewarding than ever before. *Sober Diaries* is an upbeat, funny and positive look at how to live life to the full. Interwoven within Clare's own very personal and frank story is research and advice, and answers to questions like: How do I know if I'm drinking too much? How will I cope at parties? What do I say to friends and family? How do I cope with cravings? Will I lose weight? What if my partner still drinks? And many more.

The Number One Sunday Times Bestseller This is the age of addiction, a condition so epidemic, so all encompassing and ubiquitous that unless you are fortunate enough to be an extreme case, you probably don't know that you have it. What unhealthy habits and attachments are holding your life together? Are you unconsciously dependent on food? Bad relationships? A job that doesn't fulfill you? Numb, constant perusal of your phone, looking for what? My qualification for writing this book is not that I am better than you, it's that I am worse. I am an addict, addicted to drugs, alcohol, sex, money, love and fame. The program in *Recovery* has given Russell Brand freedom from all addictions and it will do the same for you. This system offers nothing less than liberation from self-centredness, a new perspective, freedom from the illusion of suffering for anyone who is willing to take the necessary steps.

Addiction is seemingly inexplicable. From the outside, it can look like wilful, arrogant self-destruction; from the inside, it can feel as inevitable and insistent as a heartbeat. It is possible to describe, but hard to explore. Yet in *The Recovering*, Leslie Jamison draws on her own life and the lives of addicts of extraordinary talent - John Cheever, John Berryman, Jean Rhys and Amy Winehouse among them - to take us inside the experience of addiction, exposing the contours, edges and wholes of an intoxicated life. Part memoir, part group biography, part literary history and part definitive analysis of cultural and social considerations of addiction, *The Recovering* is a significant moment in the history of post-war narrative non-fiction.

The Austromarxist era of the 1920s was a unique chapter in socialist history. Trying to carve out a road between reformism and Bolshevism, the Austromarxists embarked on an ambitious journey towards a socialist oasis in the midst of capitalism. Their showpiece, the legendary "Red Vienna," has worked as a model for socialist urban

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planning ever since. At the heart of the Austromarxist experiment was the conviction that a socialist revolution had to entail a cultural one. Numerous workers' institutions and organizations were founded, from education centers to theaters to hiking associations. With the Fascist threat increasing, the physical aspects of the cultural revolution became ever more central as they were considered mandatory for effective defense. At no other time in socialist history did armed struggle, sports, and sobriety become as intertwined in a proletarian attempt to protect socialist achievements as they did in Austria in the early 1930s. Despite the final defeat of the workers' militias in the Austrian Civil War of 1934 and subsequent Fascist rule, the Austromarxist struggle holds important lessons for socialist theory and practice. *Antifascism, Sports, Sobriety* contains an introductory essay by Gabriel Kuhn and selected writings by Julius Deutsch, leader of the workers' militias, president of the Socialist Workers' Sport International, and a prominent spokesperson for the Austrian workers' temperance movement. Deutsch represented the physical defense of the working class against its enemies like few others. His texts in this book are being made available in English for the first time.

*Straight edge* is a clean-living youth movement that emerged from the punk rock subculture in the early 1980s. Its basic tenets promote a drug-free, tobacco-free, and sexually responsible lifestyle—tenets that, on the surface, seem counter to those typical of teenage rebellion. For many straight-edge kids, however, being clean and sober was (and still is) the ultimate expression of resistance—resistance to the consumerist and self-indulgent ethos that defines mainstream U.S. culture. In this first in-depth sociological analysis of the movement, Ross Haenfler follows the lives of dozens of straight-edge youths, showing how for these young men and women, and thousands of others worldwide, the adoption of the straight-edge doctrine as a way to better themselves evolved into a broader mission to improve the world in which they live. *Straight edge* used to signify a rejection of mind-altering substances and promiscuous sex, yet modern interpretations include a vegetarian (or vegan) diet and an increasing involvement in environmental and political issues. The narrative moves seamlessly between the author's personal experiences and theoretical concerns, including how members of subcultures define "resistance," the role of collective identity in social movements, how young men experience multiple masculinities in their quest to redefine manhood, and how young women establish their roles in subcultures. This book provides fresh perspectives on the meaning of resistance and identity in any subculture. *Sober Living for the Revolution Hardcore Punk, Straight Edge, and Radical Politics* PM Press

This is the most comprehensive collection of Landauer's writing in English and a celebration of one of the most important agitators in the revolutionary movement. The collection includes his major work, *Revolution*, alongside 30 additional essays, articles and correspondence. The texts cover his entire biography, from the early Anarchism of the 1890s to his philosophical reflections at the turn of the century and his tireless agitation against the war. Presented with an extensive introduction compiled by the editor and translator, Gabriel Kuhn.

In the 1960s, as illegal drug use grew from a fringe issue to a pervasive public concern, a new industry arose to treat the addiction epidemic. Over the next five decades, the industry's leaders promised to rehabilitate the casualties of the drug culture even as

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incarceration rates for drug-related offenses climbed. In this history of addiction treatment, Claire D. Clark traces the political shift from the radical communitarianism of the 1960s to the conservatism of the Reagan era, uncovering the forgotten origins of today's recovery movement. Based on extensive interviews with drug-rehabilitation professionals and archival research, *The Recovery Revolution* locates the history of treatment activists' influence on the development of American drug policy. Synanon, a controversial drug-treatment program launched in California in 1958, emphasized a community-based approach to rehabilitation. Its associates helped develop the therapeutic community (TC) model, which encouraged peer confrontation as a path to recovery. As TC treatment pioneers made mutual aid profitable, the model attracted powerful supporters and spread rapidly throughout the country. The TC approach was supported as part of the Nixon administration's "law-and-order" policies, favored in the Reagan administration's antidrug campaigns, and remained relevant amid the turbulent drug policies of the late twentieth and early twenty-first centuries. While many contemporary critics characterize American drug policy as simply the expression of moralizing conservatism or a mask for racial oppression, Clark recounts the complicated legacy of the "ex-addict" activists who turned drug treatment into both a product and a political symbol that promoted the impossible dream of a drug-free America.

'Masterful, an enormously readable narrative of the English people from the Anglo-Saxons to the present' Dominic Sandbrook, *Sunday Times*, Books of the Year  
In *The English and their History*, the first full-length account to appear in one volume for many decades, Robert Tombs gives us the history of the English people, and of how the stories they have told about themselves have shaped them, from the prehistoric 'dreamtime' through to the present day. 'As ambitious as it is successful . . . Packed with telling detail and told with gentle, sardonic wit, a vast and delightful book' Ben MacIntyre, *The Times*, Books of the Year  
'A stupendous achievement ... a story of a people we can't fail to recognize: stoical, brave, drunken, bloody-minded, violent, undeferential, yet paradoxically law-abiding ... I found myself gripped' Daniel Hannan, *Spectator*  
'Original and enormously readable, this brilliant, hugely engaging work has a sly wit and insouciance that are of themselves rather English' Sinclair MacKay, *Daily Telegraph*

Do you count down the minutes to wine o'clock on a daily basis? Is a bottle of Pinot Grigio your friend at the end of a long hard day? If you want to give up being controlled and defined by alcohol then now is the time to join The Sober Revolution... Fed up of living in a fog of hangovers, lethargy and guilt from too much wine? Have you tried to cut down without success? You are not alone. When it comes to alcohol, millions of people around the world find it hard to exercise moderation and become stuck in a vicious cycle of blame, guilt and using more alcohol as a way of coping. The Sober Revolution looks at women and their relationships with alcohol, exploring the myths behind this socially acceptable yet often destructive habit. Rather than continuing the sad spiral into addiction it helps women regain control of their drinking and live happier, healthier lives. Sarah Turner, cognitive behavioural therapist and addictions counsellor, and Lucy Rocca, founder of Soberistas.com, the popular social networking site for women who have successfully kicked the booze or would like to, give an insight into ways to find a route out of the world of wine. The Sober Revolution will open your eyes

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to the dangers of social drinking and give you the tools you need to have a happy life without the wine. Read it now and call time on wine o'clock forever.

An ethologist shows man to be a gene machine whose world is one of savage competition and deceit

Examining the multigenerational impact of punk rock music, this international survey of the political-punk straight edge movement—which has persisted as a drug-free, hardcore subculture for more than 25 years—traces its history from 1980s Washington, DC, to today. Asserting that drugs are not necessarily rebellious and that not all rebels do them, the record also defies common conceptions of straight edge's political legacy as being associated with self-righteous, macho posturing and conservative Puritanism. On the contrary, the movement has been linked to radical thought and action by the countless individuals, bands, and entire scenes profiled throughout the discussion. Lively and exhaustive, this dynamic overview includes contributions from famed straight edge punk rockers Ian MacKaye of Minor Threat and Fugazi, Dennis Lyxzén of Refused and the International Noise Conspiracy, and Andy Hurley of Fall Out Boy; legendary bands ManLiftingBanner and Point of No Return; radical collectives such as CrimethInc. and Alpine Anarchist Productions; and numerous other artists and activists dedicated as much to sober living as to the fight for a better world.

Author Jasmin Rogg draws from her own extensive experience as a psychotherapist, addiction and recovery group facilitator, and her own personal struggle with substance abuse and long-term sobriety. She compiled a collection of writings meant to offer inspiration and information for recovery and change. After introducing readers to her own story and her path through addiction and recovery, Rogg goes on to write with honesty and compassion about the issues at the heart of substance abuse and recovery. She shares how embracing Buddhism's teachings of mindfulness practice help foster emotional regulation and healing—two important aspects of maintaining ongoing sobriety. She does not shy away from difficult topics, tackling issues such as abuse, trauma, love, attachment, and suffering, all while shining a light on the things we tell ourselves and about why we do what we do. *Waking Up Sober* inspires insight and understanding, and includes adverse childhood experiences and relational issues as underlying factors for self-destructive behavior patterns. Rogg intersperses her own poems throughout the book, which ultimately serve to ground the topics in humanity. "A Council on Foreign Relations Book"—Title page.

Starting in 1981 via Minor Threat's revolutionary call to arms, the clean and positive straight edge hardcore punk movement took hold and prospered during the 1980s, earning a position as one of the most durable yet chronically misunderstood music subcultures. Straight edge created its own sound and visual style, went on to embrace vegetarianism, and later saw the rise of a militant fringe. As the "don't drink, don't smoke" message spread from Washington, D.C., to Boston, California, New York City, and, eventually, the world, adherents struggled to define the fundamental ideals and limits of what may be the ultimate youth movement. Tony Rettman traces the story of straight edge from adolescent origins to enduring counterculture via fresh first-hand accounts from the clear and alert members of Minor Threat, SS Decontrol, Youth of Today, DYS, Slapshot, Uniform Choice, 7 Seconds, Stalag 13, Justice League, Chain of Strength, No for an Answer, Insted, Gorilla Biscuits, Judge, Bold, Projec

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