

The Honest Drug Book A Chemical Botanical Journey Through The Legal High Years

In becoming a scientist, Claire Cyrus hopes to escape the fate of her dead father, a brilliant but critically unsuccessful poet whose poverty and bitterness derailed her own strong talent for verse. Soon after moving from England to take up her first job in a start-up biotech company in the Netherlands, she finds herself an outcast in her strange new environment, shunned by her jealous colleagues and moving only on the fringes of the expatriate community. But when she makes an accidental discovery in the lab, her life will never be the same again. The Honest Look is a tale of passion, betrayal and a devastating secret that threatens to bring down careers, a company and a widely accepted scientific theory. Unfolding in the modern corporate laboratory, where the idealism of advancing knowledge and the uncompromising reality of profit margins exist in uneasy truce, this is a story of how people with various stakes in a common endeavour react when its integrity is called into question, and how these reactions can be shaped and warped by denial, greed, hatred and love. It has been ten years since Rachael Keogh was catapulted into the public consciousness, when a shocking image of her needle-ravaged arms - skin burnt from injecting heroin into her wasted veins - made front pages around the country. Desperate for help, she made a public appeal to get one of 27 detox beds in Ireland so that she could reclaim her life from the drugs that had ravaged it. What followed was an extraordinary story of grit and determination as she embarked on her recovery journey. Her story became an instant bestseller and has resonated with readers ever since. This

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edition contains a new introduction from Rachael where she reflects on her story and considers what has changed for her and in the drugs culture in Ireland over the last decade. 'The best book by far about the drugs explosion in Dublin' Irish Independent 'This book should be on the school curriculum' Evening Echo

A devastating portrait of the American drugs war, from the creators of THE WIRE. 'Mind-blowing . . . less a book, more a way of life.' The Times

Examines the history of cocaine from its first medical uses to the worldwide issues it presents today, taking readers into such locations as the isolation cells of America's prisons, crack houses in New York, and the jungles of Bolivia and Colombia, tracing its manufacture and chronicling the accounts of its cultivators, traffickers, and fighters. Reprint. 20,000 first printing.

Mark Johnson's father had 'LOVE' tattooed across his left hand, but that didn't stop the beatings. The Johnson children would turn up to school with broken fingers and chipped teeth, but no one ever thought of investigating their home life. Mark just slipped through the cracks, and kept on falling. For years. Constantly in trouble at school, Mark began stealing at the age of seven, was drinking by the age of eight, and took his first hit of heroin aged eleven. A sensitive, intelligent boy, he could never stay on the right path, and though Art College beckoned, he ended up in Portland prison instead. With searing honesty, WASTED documents Mark's descent into the depths of addiction and criminality. Homeless, hooked on heroin and crack, no one - least of all Mark - believed he would survive. And yet - astonishingly - he somehow pulled himself through, and now runs his own thriving tree surgery business, employing and helping other recovering addicts. His story is at once shocking and inspiring - a compelling account of his struggle to save himself, and help save others

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in the process.

This is a dark, raw and uncompromising tale of the human condition in extremis, drawing on the many lives of Ben Timberlake: as an archaeologist, Special Forces soldier, combat medic and drug addict. Starting with Ben's first near-death experience—in a Nazi-themed bar in wartime Yugoslavia—High Risk is a whirlwind tour of everything from service in the SAS, combat in Iraq, and encounters with a gambling-obsessed 9/11 hijacker, to veterans blissed out on MDMA, hook-ups in the world of extreme sex, and battling a heroin habit on a remote Scottish island. Ben pursued the rush, and the chase often took him over the edge. Instead of asking why, he asked, why not? Blending confessional narrative, classic reportage and acerbic humour, this memoir takes a gonzo look at terrorists, junkies, soldiers and strippers, through the tale of one extraordinary life.

People are dying because of ignorance. They are dying because unremitting propaganda is denying them vital safety information. They are dying because legislators and the media are censoring the science, and are ruthlessly pushing an ideological agenda instead. They are dying because the first casualty of war is truth, and the war on drugs is no different. This book makes a major contribution in confronting this tragic and harrowing narrative. Over a 10 year period the author self-administered over 150 psychoactive substances; both chemicals and plants. For each of them he recorded the essential and life-sensitive safety data, including the anticipated onset times, the common threshold doses, the routes of administration, and the expected periods of efficacy. In addition, for every compound he also produced a trip report, detailing the qualitative experience itself, often in the form of a log of effects at various time checks. This delivered another invaluable insight, enabling, for example, an objective assessment of the extent of any loss of judgement and self-

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control. This is a substantial body of work, embracing a wealth of direct support material, including addiction/overdose advice, legal briefings, and relative harm tables. Its contents also extend to cover aspects like drug tourism, drugs in culture, psychedelic exploration and the handling of mandatory drug tests. It is crammed with detailed reference data, and even includes its own drug dictionary. The Drug Users Bible is a unique and unprecedented volume of encyclopaedic research, embracing the full extent of the drugscape. Its objective is to provide, without fear or compromise, core and critical information to support the health and welfare of the 250 million people in the world who use drugs. The book itself is lavishly illustrated with hundreds of photographs, taken by the author himself. It is a significant extension of the highly acclaimed first version, which was titled The Honest Drug Book.

THE TEN COMMANDMENTS

The first section comprises a solid introduction to basic but crucial drug concepts and practices. It is, in itself, indispensable prior-reading for anyone who chooses to use a recreational drug. It contains, for example, a detailed risk mitigation procedure; the widely lauded 'Ten Commandments of Safer Drug Use'. This presents a generic set of easy to follow steps to aid personal safety, inclusive of an illustrated explanation of how to identify test the drugs themselves.

THE DRUGS

The full gamut of psychoactive chemicals and botanicals is meticulously covered across dedicated sections. Well known examples include LSD, heroin, cannabis, lean, kratom, cocaine, 2C-B, DMT, DXM, methamphetamine, salvia divinorum, ketamine, ayahuasca and MDMA. Lesser known examples include betel, 4-ho-met, changa, ephedrine, ololiuqui, cebil, mapacho, MNA, celastrus paniculatus, and yohimbe. The scope also extends well beyond the most common categories, of psychedelics, stimulants, depressants, dissociatives and cannabinoids. Included, for

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example, are nootropics (smart drugs) and oneirogens (dream herbs). The study and investigation of psychoactivity was unfettered and unbounded. THE WORLDSCAPE Drug use does not occur in a vacuum, so the final section considers the wider context, with in-depth examination of everything from travel to the law, as well as the horrors of the war on drugs itself. Fact, science and genuine statistics replace the myths, fabrications and censorship of the prevailing social order, again with the welfare of drug users emphasized. EDUCATION SAVES LIVES Education underpins harm reduction, and is the primary driver throughout. Indeed, personal safety is the first and last message, and guides the entire narrative. This is a book for drug users and their families. It is a book which will help to avert tragedy. It is a book which will save lives.

Mark has been in and out of hospital his whole life - and he's fed up. So when his cancer returns, he decides he's had enough. Running away with his dog Beau, he sets out to climb a mountain - and it's only when he's left everything behind that Mark realises he has everything to live for.

Young Aidan Martin's life is about to change forever. A powerful and true story of trauma, addiction, recovery and hope in the working-class town of Livingston, Scotland. A gripping read from beginning to end.

Teenage pregnancy, alcoholism, juvenile delinquency, absentee parents, soaring rates of drug addiction...

Britain is failing. Over the last twenty years, traditional family values have declined to the point where young adults without guidance marry too early, have children soon after and end up being swamped by the responsibilities of parenthood. The cycle repeats and the problems worsen, impacting on every level of society.

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Here, in his first book, Jeremy Kyle argues the need for the firm hand and unconditional love that seems so absent from certain young parents. He questions the morals of those who see having children as something of a career; not least the systems that make it so easy to sacrifice personal ambition in favour of a state-sponsored ride. And he maps out an agenda for change, insisting on the importance of personal responsibility and strong government in ironing out our nation's many creases. With all his trademark candour, Kyle writes about the upheavals in his own life – his struggles with gambling, his brother's drug addiction – alongside the outrageous stories of the people from his often shocking show, to show what can be achieved with a little grit. The result is a hard-hitting look at modern British life that will outrage some, anger others, enliven many, but will no doubt set the debates raging.

The Honest Drug Book presents the hidden truth about a topic which touches the lives of almost everyone. It cuts through the blustering rhetoric of the war on drugs, and documents the facts about the subject in general, and about the individual drugs specifically. This is a journey through 140 psychoactives, both chemical and botanical, each of which was personally tested and used by the author. For every drug, it lists the fundamental and sometimes life-critical information, including the anticipated onset, the common threshold doses, and the expected period of efficacy. It also describes the subjective experience: what the drug was actually like at each stage of the duration. These 'trip reports' are vital, as they help to identify pitfalls and specific risks for each

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substance. Often, this is achieved in a humorous and anecdotal manner, which is occasionally accentuated by the fact that the author had to travel the world to undertake the experiments lawfully. In addition to these often rich and lengthy reports, the book is crammed with data and general information, inclusive of legal briefings, relative harm tables, addiction and overdose advice, detailed reference material, and even a drug dictionary. Of critical importance is the first section, as it introduces the basics of harm reduction, in the form of a 10 step procedure to help mitigate risk. The same section explains core safety issues, such as how to test and identify a drug, and how to properly establish a dose. The book itself is lavishly illustrated with hundreds of photographs, including of the drugs themselves. The images in the botanical section also encompass some of the indigenous settings encountered on the journey. The full gamut of psychoactive chemicals and botanicals is covered. The well known include: LSD, heroin, cannabis, mephedrone, kratom, cocaine, 2C-B, DMT, yopo, methamphetamine, salvia divinorum, ketamine, ayahuasca and MDMA. The lesser known include: betel nut, 4-ho-met, changa, TPA, 4F-MPH, ephedrine, lolioqui, cebil seeds, mapacho, MNA, celastrus paniculatus, yohimbe, and MEAI. The scope also extends beyond the most common categories of hallucinogens, stimulants, depressants, cannabinoids and opioids. Included, for example, are nootropics (smart drugs) and oneirogenics (lucid and vivid dream herbs). Another dimension, which is covered largely in the final section, is that of politics and the war on drugs. This is

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confronted head-on, with a statement of intent which is crystal clear: "People are dying because of ignorance. They are dying because unremitting propaganda is denying them essential safety information. They are dying because legislators and the media are censoring the science, and are ruthlessly pushing an ideological agenda instead. They are dying because the first casualty of war is truth, and the war on drugs is no different. This book is a step to counter this harrowing and destructive situation." Emphasised and underpinned throughout is personal safety and risk mitigation. This is the first and last message, and guides the entire narrative. This is a book that won't only fascinate and inform: it will save lives.

"This is a story she needed to tell; and the rest of the country needs to listen." — New York Times Book Review "This vital memoir will change how we look at the opioid crisis and how the media talks about it. A deeply moving and emotional read, STRUNG OUT challenges our preconceived ideas of what addiction looks like." —Stephanie Land, New York Times bestselling author of *Maid* In this deeply personal and illuminating memoir about her fifteen-year struggle with heroin, Khar sheds profound light on the opioid crisis and gives a voice to the over two million people in America currently battling with this addiction. Growing up in LA, Erin Khar hid behind a picture-perfect childhood filled with excellent grades, a popular group of friends and horseback riding. After first experimenting with her grandmother's expired painkillers, Khar started using heroin when she was thirteen. The drug allowed her to

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escape from pressures to be perfect and suppress all the heavy feelings she couldn't understand. This fiercely honest memoir explores how heroin shaped every aspect of her life for the next fifteen years and details the various lies she told herself, and others, about her drug use. With enormous heart and wisdom, she shows how the shame and stigma surrounding addiction, which fuels denial and deceit, is so often what keeps addicts from getting help. There is no one path to recovery, and for Khar, it was in motherhood that she found the inner strength and self-forgiveness to quit heroin and fight for her life. *Strung Out* is a life-affirming story of resilience while also a gripping investigation into the psychology of addiction and why people turn to opioids in the first place.

'Who gave the drugs to the Beatles? I didn't invent those things. I bought it from someone who got it from somebody. We never invented the stuff.' – John Lennon

Riding So High charts the Beatles' extraordinary odyssey from teenage drinking and pill-popping, to cannabis, LSD, the psychedelic Summer of Love and the darkness beyond. Drugs were central to the Beatles' story from the beginning. The acid, pills and powders helped form bonds, provided escape from the chaos of Beatlemania, and inspired colossal leaps in songwriting and recording. But they also led to break-ups, breakdowns, drug busts and prison. The only full-length study of the Beatles and drugs, *Riding So High* tells of getting stoned, kaleidoscope eyes, excess, loss and redemption, with a far-out cast including speeding Beatniks, a rogue dentist, a script-happy aristocratic

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doctor, corrupt police officers and Hollywood Vampires.

‘The deeper you go, the higher you fly...’

“Hart’s argument that we need to drastically revise our current view of illegal drugs is both powerful and timely .

. . . when it comes to the legacy of this country’s war on drugs, we should all share his outrage.” —The New York

Times Book Review From one of the world's foremost experts on the subject, a powerful argument that the

greatest damage from drugs flows from their being illegal, and a hopeful reckoning with the possibility of

their use as part of a responsible and happy life Dr. Carl L. Hart, Ziff Professor at Columbia University and former

chair of the Department of Psychology, is one of the world's preeminent experts on the effects of so-called

recreational drugs on the human mind and body. Dr. Hart is open about the fact that he uses drugs himself, in a

happy balance with the rest of his full and productive life as a researcher and professor, husband, father, and

friend. In *Drug Use for Grown-Ups*, he draws on decades of research and his own personal experience to argue

definitively that the criminalization and demonization of drug use--not drugs themselves--have been a

tremendous scourge on America, not least in reinforcing this country's enduring structural racism. Dr. Hart did not

always have this view. He came of age in one of Miami's most troubled neighborhoods at a time when many ills

were being laid at the door of crack cocaine. His initial work as a researcher was aimed at proving that drug use

caused bad outcomes. But one problem kept cropping up: the evidence from his research did not support his

hypothesis. From inside the massively well-funded

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research arm of the American war on drugs, he saw how the facts did not support the ideology. The truth was dismissed and distorted in order to keep fear and outrage stoked, the funds rolling in, and Black and brown bodies behind bars. Drug Use for Grown-Ups will be controversial, to be sure: the propaganda war, Dr. Hart argues, has been tremendously effective. Imagine if the only subject of any discussion about driving automobiles was fatal car crashes. Drug Use for Grown-Ups offers a radically different vision: when used responsibly, drugs can enrich and enhance our lives. We have a long way to go, but the vital conversation this book will generate is an extraordinarily important step.

In 1996, Scott was nineteen and lost in adulthood with an endless job and no future ambitions. Teenage Degenerate is his story about drug addiction, music and growing up. Over the course of ten months, he quickly descends into the dark and dangerous world of crystal methamphetamine. Scott experiments with crystal meth in a dark, deserted parking lot in the suburbs of Denver, Colorado and soon after his crew of misfits will do almost anything for their next high. One by one, family and friends disappear, and he is left alone with a decision to continue fighting or give up. This is his struggle to reclaim a normal life and the search for something real. Teenage Degenerate is a book about meth that is a brutally truthful, humorous and heartbreaking journey that explores the depths of addiction.

The Honest Drug Book (Deluxe Edition) A Chemical & Botanical Journey Through the Legal High Years

"Light illuminates the path of humanity: it is our own fault

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if we go over the brink." -Aleister Crowley

Aleister Crowley was a noted and controversial occultist, ceremonial magician and poet. He has been called "the wickedest man in the world, or "The Great Beast 666, or "The Master Therion", but he remained a highly influential figure over Western esotericism and the counterculture. "Diary of a Drug Fiend", is his first published novel, and is also reportedly the earliest known reference to the Abbey of Thelema in Sicily. Crowley took as his example Dante's "Divine Comedy" partitioned off in three parts of the same triptych: PARADISO, INFERNO, & PURGATORIO, which affords him to delineate all these aspects of what it is to be a drug fiend. The story is enchanting and you are swept up into the pages about the ecstasy and agony of drug usage. The realism presented here no doubt stemmed from Crowley's own dabbling with the various powders. Intoxicating, powerful, often incredibly disconcerting, this book is a tour de force by a truly great novelist. In summation, this unusual book is a classic must-read among lovers and aspirants of Literature, scholars and historians in the field of drug addiction and psychology. This novel is also recommend to students of the occult, as it serves as an excellent introduction to the Doctrine of Thelema.

Veteran comedian Artie Lange turns an unflinching eye and his signature wit on his perilous descent into drug addiction, life-threatening depression, and ultimately, his recovery, in the follow-up to his hilariously raw debut, the #1 New York Times bestseller *Too Fat to Fish*. At a high point in his career, Artie Lange played a sold-out show in

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Carnegie Hall and totally killed—yet during his standing ovation, all he could think of were the two bags of heroin in his pocket. In the midst of a deep, self-destructive depression, addicted to heroin and prescription drugs, he lashed out at everyone around him—from his fellow cast members on *The Howard Stern Show*, to celebrity guests, to his longtime friends, and even his own family. By turns dark and disturbing, hilarious and heartbreaking, and always drop-dead honest, the New York Times bestseller *Crash and Burn* lifts the curtain on Lange's dangerous slide. For the first time, Artie reveals all: the full truth behind his now legendary Stern Show meltdown, his suicide attempt (which he relates in terrifying detail), surprising stints in rehab, and painful relapses. With the help and support of friends and family, Artie claws his way back, turning his life and career around. And despite his slip-ups, backslides, and permanent losses, Artie forges on.

'SUCH AN IMPORTANT BOOK... ESSENTIAL READING FOR PARENTS' Gabby Logan 'INCREDIBLY POWERFUL... A MUST-READ' Victoria Derbyshire

When Dan died, I realised many things. I realised drugs were closer to our door than I'd thought. I realised drugs have become normalised for young people. I realised drugs are more affordable, accessible and available than ever before. And I realised I didn't know enough, and nor did Dan, to navigate the choices and come back alive.

When Daniel Spargo-Mabbs was 16, he went to a party and never came home. The party was an illegal rave and Daniel - bright, popular, big-hearted prom king Dan - died from a fatally strong overdose of MDMA. In the seven

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years since, the range of substances has become wider, the levels of exposure higher, and the threat to young people's physical and mental health from drugs greater than ever before. Despite this, there is almost no guidance for parents to help their children navigate this perilous landscape and to stay safe. To come home at night. To grow up. This book is everything Fiona Spargo-Mabbs wishes she'd known, everything she wishes she'd done, before she lost her son. Because however you parent, and whatever you do, at some point your child is likely to be in a situation where they have to make a decision about drugs. What if that decision is 'yes'? Do they know what the risks are? Do they have strategies they can bring to bear if things go wrong? *I Wish I'd Known* interweaves the story of one family's terrible loss with calm, measured and practical advice for parents. It explores the risks posed by illegal drugs, and explains the way the adolescent brain makes decisions. There is practical advice for saying safe, information on reducing harm, and 'talking points' for parents and their children to do, talk about, look at, look up or consider. A life lost to drugs is a loss like no other. Throughout the book, Daniel's story - his life, his death and what happened afterwards - not only provides a compelling reminder of the importance of those conversations, but also serves as an unforgettable eulogy to a son, brother, boyfriend and friend whose legacy continues to touch, and perhaps even save, the lives of other young people.

Emily Bird was raised not to ask questions. She has perfect hair, the perfect boyfriend, and a perfect Ivy-League future. But a chance meeting with Roosevelt

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David, a homeland security agent, at a party for Washington DC's elite leads to Bird waking up in a hospital, days later, with no memory of the end of the night. Meanwhile, the world has fallen apart: A deadly flu virus is sweeping the nation, forcing quarantines, curfews, even martial law. And Roosevelt is certain that Bird knows something. Something about the virus--something about her parents' top secret scientific work--something she shouldn't know. The only one Bird can trust is Coffee, a quiet, outsider genius who deals drugs to their classmates and is a firm believer in conspiracy theories. And he believes in Bird. But as Bird and Coffee dig deeper into what really happened that night, Bird finds that she might know more than she remembers. And what she knows could unleash the biggest government scandal in US history.

A mesmerising, award-winning, daringly imaginative, multi-levelled thriller for fans of John le Carre or Neal Stephenson An ultra-secret MI6 codename. A deadly game of deception and intrigue. Dark forces from the depths of history. The terrible secret at the heart of the cold war. Operation: DECLARE London, 1963. A cryptic phone call forces ex-MI6 agent Andrew Hale to confront the nightmare that has haunted his adult life: an ultra-secret wartime operation, codenamed Declare.

Operation Declare took Hale from Nazi-occupied Paris to the ruins of post-war Berlin and the trackless wastes of the Arabian desert, culminating in a night of betrayal and mind-shattering terror on the glacial slopes of Mount Ararat. Now, with the Cold War at its height, his superiors want him to return to the mountain and face

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the dark secret entombed within its icy summit. Hale has no choice but to comply, for Declare is the key to a conflict far deeper, far colder, than the Cold War itself. The dangers of illegal drugs are well known and rarely disputed, but how harmful are alcohol and tobacco by comparison? What are we missing by banning medical research into magic mushrooms, LSD and cannabis? Can they be sources of valuable treatments? The second edition of *Drugs without the hot air* looks at the science to allow anyone to make rational decisions based on objective evidence, asking: *What is addiction? Is there an addictive personality? *What is the role of cannabis in treating epilepsy? *How harmful is vaping? *How can psychedelics treat depression? *Where is the opioid crisis taking us?

NEW YORK TIMES BESTSELLER “I come from a family forged by tragedies and bound by a remarkable, unbreakable love,” Hunter Biden writes in this deeply moving memoir of addiction, loss, and survival. When he was two years old, Hunter Biden was badly injured in a car accident that killed his mother and baby sister. In 2015, he suffered the devastating loss of his beloved big brother, Beau, who died of brain cancer at the age of forty-six. These hardships were compounded by the collapse of his marriage and a years-long battle with drug and alcohol addiction. In *Beautiful Things*, Hunter recounts his descent into substance abuse and his tortuous path to sobriety. The story ends with where Hunter is today—a sober married man with a new baby, finally able to appreciate the beautiful things in life. Honest, intimate conversations with some of Australia's

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best musicians, including Paul Kelly, Gotye, Tina Arena, Phil Jamieson, Steve Kilbey, Mick Harvey and Holly Throsby. Of all the creative industries, the starkest and most distinct link between drug use and creativity lies within music. The two elements seem to be intertwined, inseparable; that mythical phrase 'sex, drugs and rock and roll' has been bandied about with a wink and a grin for decades. But is it all smoke and mirrors, or does that cliché ring true for some of our best - known artists? In this fascinating new book, journalist Andrew McMillen talks with Australian musicians about their thoughts on - and experiences with - illicit, prescription and legal drugs. Through a series of in - depth and intimate interviews, he tells the stories of musicians who, like Paul Kelly, bit into the forbidden fruit and avoided choking. This isn't to say that stories of ruin and redemption are avoided - they're not. But, by having conversations about a subject that's rarely discussed in public, and much less often dealt with honestly, McMillen explores the truths of a contentious topic that isn't going away. Talking Smack is a timely and thought - provoking must - read, and includes interviews with some of our most successful and creative musicians: Paul Kelly Wally de Backer (Gotye) Steve Kilbey (The Church) Phil Jamieson (Grinspoon) Tina Arena Spencer P. Jones (Beasts of Bourbon) Mick Harvey (ex Nick Cave and the Bad Seeds) Lindy Morrison (The Go - Betweens) Ian Haug (Powderfinger) Bertie Blackman Tim Levinson (Urthboy) Holly Throsby Jon Toogood (Shihad) Jake Stone (Bluejuice) Tar loves Gemma, but Gemma doesn't want to be tied down - not to anyone or anything. Gemma wants

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to fly. But no one can fly forever. One day, somehow, finally you have to come down. Commissioned and produced by Oxford Stage Company, *Junk* premiered at The Castle, Wellingborough, in January 1998 and went on to tour throughout the UK in 1998 and 1999. "John Retallack's excellent adaptation of Melvin Burgess's controversial Carnegie Medal winning novel is splendidly unpatronising...a truly cautionary tale" (Independent)

A pitch-perfect story exploring the many meanings of family, Jody J. Little's tough yet tender debut is perfect for fans of Leslie Connor and Katherine Paterson. After Pop is sent back to rehab, Jane Pengilly arrives at her newest foster home determined to stick to the straight and narrow and get back to her beloved dad as soon as she can. It's not the first time they've been apart, but Jane's determined it will be the last. Twelve days out in the boonies of Three Boulders makes Jane miss Pop more than ever. But as the days go by, she realizes that family is more than who you're related to—and that a home can be found in the unlikeliest of places. Mostly the *Honest Truth* sparkles with a fully realized supporting cast, a safe and supporting setting, and a writer whose ability to imbue her stories with love and hope marks her an author to watch.

The war on drugs has been lost but for want of the courage to face the fact that the whole world is

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rapidly becoming one vast criminal network. From pop stars and princes to crack whores and street kids. From the Groucho Club toilets to the poppy fields of Afghanistan, we are all partners in crime. HIGH SOCIETY is a story or rather a collection of interconnected stories that takes the reader on a hilarious, heart breaking and terrifying journey through the kaleidoscope world that the law has created and from which the law offers no protection. Kathryn Bonella lifts the lid on Bali's nightmarish narcotics underworld. Among the island's drug dealers 'It's snowing in Bali' is code that the south-east Asian paradise is full of cocaine. For the men who run the country's drug empires, it's time to get rich and party hard. Snowing in Bali is the story of the drug trafficking and dealing scene that's made Bali one of the world's most important destinations in the global distribution of narcotics. Kathryn Bonella, bestselling author of Hotel K, has been given extraordinary access into the lives of some of the biggest players in Bali's drug world. She charts their rise to incredible wealth and power, and their drug-fuelled lifestyles: filled with orgies, outrageous extravagance and surfing. From the highs of multi-million dollar deals to the desperate lows of death row in an Indonesian high security jail, Snowing in Bali is a unique, uncensored insight into a hidden world.

This is the gritty prison memoir of Michaella

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McCollum, one half of the infamous 'Peru Two', sentenced to 7 years in a Peruvian jail for attempting to smuggle 11kg of cocaine.

This incredible autobiography of Christiane F. provides a vivid portrait of teen friendship, drug abuse, and alienation in and around Berlin's notorious Zoo Station. Christiane's rapid descent into heroin abuse and prostitution is shocking, but the boredom, longing for acceptance, thrilling risks, and even her musical obsessions are familiar to everyone. Previously published in Germany and the US to critical acclaim, Zest's new translation includes original photographs of Christiane and her friends.

TO KNOW THE TRUE STORY BEHIND A WAR,
ASK THE PEOPLE WHO FOUGHT IT 'An observation van is running surveillance on a high-level Bradford gangster. Suddenly the van is surrounded by men in balaclavas and tied shut. Out comes the can of petrol. It is set alight and the two cops inside barely escape with their lives. This incident is never reported. The gangsters clearly have informants inside the police and alerting the public would undermine the force. Everyone shrugs it off – with so much money in the drugs game, corruption is part and parcel of the whole deal' The Drug Wars have been fought on British streets for decades, bringing destruction, corruption and violence in their wake. Yet it is a story that remains fundamentally untold. Until now. In this

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groundbreaking book, former undercover police officer Neil Woods, who risked his life infiltrating some of the UK's most vicious gangs, pieces together the complex and terrifying reality of the drug war in Britain. Calling upon gripping first-hand accounts from those on both sides of the battle, *Drug Wars* is told by those who are fighting it.

"From Cat Marnell, 'New York's enfant terrible' (The Telegraph), a ... memoir of prescription drug addiction and self-sabotage, set in the glamorous world of fashion magazines and downtown nightclubs"--

The mind-blowing true story of Pablo Escobar and the Medellin Cartel beyond their portrayal on Netflix. Colombian drug lord Pablo Escobar was a devoted family man and a psychopathic killer; a terrible enemy, yet a wonderful friend. While donating millions to the poor, he bombed and tortured his enemies - some had their eyeballs removed with hot spoons. Through ruthless cunning and America's insatiable appetite for cocaine, he became a multi-billionaire, who lived in a \$100-million house with its own zoo. *Pablo Escobar: Beyond Narcos* demolishes the standard good versus evil telling of his story. The authorities were not hunting Pablo down to stop his cocaine business. They were taking over it. Shaun Attwood's *War on Drugs* trilogy - *Pablo Escobar*, *American Made*, and *We Are Being Lied To* - is a series of harrowing, action-packed and interlinked true stories that demonstrate the catastrophic consequences of drug prohibition."

Journalist Jenny Valentish takes a gendered look at drugs and alcohol, using her own story to light the way. Mining the expertise of 35 leading researchers, clinicians and

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psychiatrists, she explores the early predictors of addictive behaviour, such as trauma, temperament and impulsivity. Drawing on neuroscience, she explains why other self-destructive behaviours – such as eating disorders, compulsive buying and high-risk sex – are interchangeable with problematic substance use. From her childhood in suburban Slough to her chaotic formative years in the London music scene, we follow her journey to Australia, where she experiences firsthand treatment facilities and AA groups, and reflects whether or not they are meeting the needs of women. *Woman of Substances* is an insightful, rigorous and brutally honest read. In Australia it was nominated for a prestigious Walkley Book Award. 'Employing expert interviews and research, each rich personal episode is contextualised within the under-examined issue of women's substance abuse. Detailed, insightful and told with a feature writer's narrative flair' Bookseller and Publisher. 'Engages readers with storytelling while presenting scientific findings and theories in a way that is accessible to a broad audience' Broadsheet. 'Part monograph, part memoir, part Ginsbergian howl of outrage at a culture in which gender bias is a tenet. It is a work of compellingly articulate anger' The Australian. 'In straightforward, lively prose she relates even her darkest moments without self-pity or aggrandisement, and often with a streak of gallows humour, leading to more laugh-out-loud lines than you might expect' The Saturday Paper. 'We need books like this, and writers like Valentish, to give voice to our frustrations and concerns, to help legitimise and mobilise' Kill Your Darlings. 'Valentish's passion lies in exploring the underlying causes and their effects and, in the most female of ways, offering companionship and reassurance for her readers' The Monthly. 'Doesn't mince her words' Sydney Morning Herald.

This is the full colour coffee table edition of *The Honest Drug*

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Book, with dimensions of 8.5" x 11" (21.59 x 27.94 cm).

Produced to do justice to the hundreds of photographs, it also allows a more leisurely perusal of the contents. The Honest Drug Book presents the hidden truth about a topic which touches the lives of almost everyone. It cuts through the blustering rhetoric of the war on drugs, and documents the facts about the subject in general, and about the individual drugs specifically. This is a journey through 140 psychoactives, both chemical and botanical, each of which was personally tested and used by the author. For every drug, it lists the fundamental and sometimes life-critical information, including the anticipated onset, the common threshold doses, and the expected period of efficacy. It also describes the subjective experience: what the drug was actually like at each stage of the duration. These 'trip reports' are vital, as they help to identify pitfalls and specific risks for each substance. Often, this is achieved in a humorous and anecdotal manner, which is occasionally accentuated by the fact that the author had to travel the world to undertake the experiments lawfully. In addition to these often rich and lengthy reports, the book is crammed with data and general information, inclusive of legal briefings, relative harm tables, addiction and overdose advice, detailed reference material, and even a drug dictionary. Of critical importance is the first section, as it introduces the basics of harm reduction, in the form of a 10 step procedure to help mitigate risk. The same section explains core safety issues, such as how to test and identify a drug, and how to properly establish a dose. The book itself is lavishly illustrated with hundreds of photographs, including of the drugs themselves. The images in the botanical section also encompass some of the indigenous settings encountered on the journey. The full gamut of psychoactive chemicals and botanicals is covered. The well known include: LSD, heroin, cannabis, mephedrone, kratom,

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cocaine, 2C-B, DMT, yopo, methamphetamine, salvia divinorum, ketamine, ayahuasca and MDMA. The lesser known include: betel nut, 4-ho-met, changa, TPA, 4F-MPH, ephedrine, ololiuqui, cebil seeds, mapacho, MNA, celastrus paniculatus, yohimbe, and MEAI. The scope also extends beyond the most common categories of hallucinogens, stimulants, depressants, cannabinoids and opioids. Included, for example, are nootropics (smart drugs) and oneirogenics (lucid and vivid dream herbs). Another dimension, which is covered largely in the final section, is that of politics and the war on drugs. This is confronted head-on, with a statement of intent which is crystal clear: "People are dying because of ignorance. They are dying because unremitting propaganda is denying them essential safety information. They are dying because legislators and the media are censoring the science, and are ruthlessly pushing an ideological agenda instead. They are dying because the first casualty of war is truth, and the war on drugs is no different. This book is a step to counter this harrowing and destructive situation." Emphasised and underpinned throughout is personal safety and risk mitigation. This is the first and last message, and guides the entire narrative. This is a book that won't only fascinate and inform: it will save lives.

SELECTED BY BARACK OBAMA AS ONE OF HIS BEST BOOKS OF 2020 A New York Times bestseller and Guardian Book of the Month 'This flawless masterpiece deserves to be a bestseller.' DAILY EXPRESS 'Tough, tense and twisty - but tender, human and deeply affecting, too ... I don't have a sister, but when I finished the book I called my brother, just to hear his voice.' LEE CHILD 'An outstanding crime novel.' PAULA HAWKINS, author of The Girl on the Train

Once
inseparable, sisters Mickey and Kacey are on different paths, but they walk the same streets. Mickey on her police beat and

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Kacey in the shadows of the city's darkest corners where the drug addicts and sex workers preside. When a string of murders coincides with Kacey's disappearance, Mickey is terrified her sister could be next. But in a community where death and murder is rife, will Mickey be able to save her sister before it's too late?

'A remarkable, profoundly moving novel about the ties that bind and the irrevocable wounds of childhood. It's also a riveting mystery, perfectly paced. I loved every page of it.' DENNIS LEHANE 'It is by some considerable distance my crime novel of the year' IRISH TIMES 'Outstanding . . . an intense family thriller . . . The clever plot and involving characters set a high standard for this new year.' DAILY MAIL 'This is a thrilling and heartbreaking exploration of the strain the opioid crisis puts on families. A masterpiece.' DAILY MIRROR 'A dazzling, propulsive, humane work that not only bears comparison to Dennis Lehane and George Pelecanos but occasionally beats them at their own game' METRO 'heart-pounding thriller' VOGUE 'compassionate and enthralling' INDEPENDENT

Behind every landmark drug is a story. It could be an oddball researcher's genius insight, a catalyzing moment in geopolitical history, a new breakthrough technology, or an unexpected but welcome side effect discovered during clinical trials. Piece together these stories, as Thomas Hager does in this remarkable, century-spanning history, and you can trace the evolution of our culture and the practice of medicine.

† Beginning with opium, the "joy plant," which has been used for 10,000 years, Hager tells a captivating story of medicine. His subjects include the largely forgotten female pioneer who introduced smallpox inoculation to Britain, the infamous knockout drops, the first antibiotic, which saved countless lives, the first antipsychotic, which helped empty public mental hospitals, Viagra, statins, and the new frontier

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of monoclonal antibodies. This is a deep, wide-ranging, and wildly entertaining book.

WINNER OF THE BIG RED READ PRIZE FOR NON-FICTION IN 2013. Cathryn Kemp was a successful travel journalist who was struck down by a life-threatening illness, pancreatitis. After four years of operations and mis-diagnoses she left hospital with a repeat prescription for fentanyl, a painkiller 100 times stronger than heroin. Within two years she was taking more than ten times the NHS maximum, all on prescription. Her family struggled to understand; her boyfriend left her, she hit rock bottom. Discovering she had only six months to live if she didn't give up the drugs she sold everything she owned and checked into rehab. In the addiction treatment centre she was told that she was unlikely to recover from 'the highest level of opiate-abuse in the clinic's history'. To everyone's amazement, she proved them wrong. This is an extraordinarily poignant, vivid and honest memoir. Based on the twenty-four diaries that the author kept during this period, we travel with Cathryn through her hospital agony, descend with her into the hell of addiction and cheer her as she pulls herself out and upwards. It is a love story, a horror story, a survival story, and one that shows only too clearly the very real dangers of the over-prescription of painkillers and tranquillisers. There is also a resource section for sufferers and their loved ones.

Mike Doughty first came to prominence as the leader of the band Soul Coughing then did an abrupt sonic left turn, much to the surprise of his audience, transforming into a solo performer of stark, dusky, but strangely hopeful tunes. He battled addiction, gave up fame when his old band was at the height of its popularity, drove thousands of miles, alone, across America, with just an acoustic guitar. His candid, hilarious, self-lacerating memoir, *The Book of Drugs* -- featuring cameos by Redman, Ani DiFranco, the late Jeff

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Buckley, and others -- is the story of his band's rise and bitter collapse, the haunted and darkly comical life of addiction, and the perhaps even weirder world of recovery.

White Out

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